Caldwell Police Department / Crime Preventions

Cyber Safety Tips:

Cyber Safety and Internet Safety

Above is an interactive look at Cyber Safety and steps to take to keep you and your family safe. This interactive tool is great for parents, teachers, children, and teens.

Three things parents can do today:

Keep Current, Keep Communicating and Keep Checking

KEEP CURRENT with the technology and web services your child uses. "Friend" them on Facebook, and pay attention to who their friends are. Know how to use the reporting and privacy functions and set an example of flagging inappropriate content or behavior when you see it.
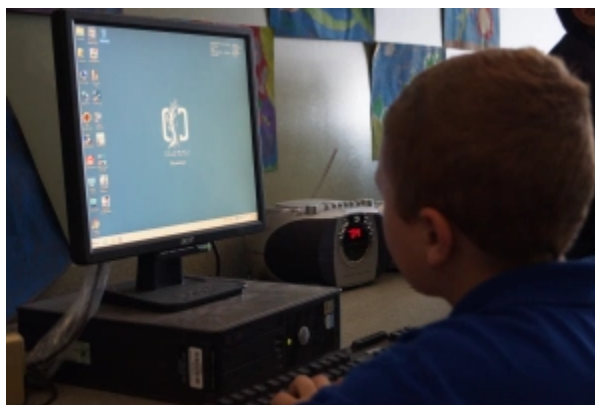
KEEP COMMUNICATING. Have a conversation today about when to call 911; explain that you don't have to know an address or even a full name to engage professional help during a crisis. Show them how to use the reporting mechanisms (flagging/tagging) provided on the sites they use and encourage them to use when they see any bad behavior. Explain that everyone benefits when all users join in self-policing their community.

KEEP CHECKING your child's internet and cell phone activity. Watch for "bread crumbs" of risk, such as drug/alcohol use, self-harm (cutting, mutilation), eating disorders (often labeled

"pro-ana," "pro-mia" or"thinipiration"), or violence and be ready to engage the public health community on their behalf.

Officer Brent Watson, Caldwell Cyber Safety