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CITY OF Galdwell, Idaho

Proclamation

NATIONAL RECOVERY MONTH

WHEREAS, mental health and substance use disorders affect all communities nationwide, but with commitment and support, those impacted can embark on a journey of improved health and overall wellness; and

WHEREAS, the focus of *National Recovery Month* this September is to celebrate all people that make the journey of recovery possible by embracing the 2023 theme, "*Empowering Lives*." *Recovery Month* spreads the message that people can and do recover every day and there are various avenues to help empower people to start their journey; and

WHEREAS, there is no question that the mental health crisis and drug overdose epidemic is at the forefront of the nation's needs. With the recent funding from the American Rescue Plan and the Bipartisan Safer Communities Act, there are imminent efforts being made to improve access to health care while preventing overdoses and enhancing the lives of those in our community; and

WHEREAS, according to SAMHSA's 2021 National Survey on Drug Use and Health (NSDUH), just over 46 million people aged 12+ met the criteria for having a substance use disorder and 94% of those people went without treatment. Additionally, nearly 1 in 4 adults and 1 in 3 children reported a mental illness in the same reporting year. In Idaho alone, just over 30% of individuals across the state have reported problems of substance use and/or mental illness in the last 30 days – a total of almost 602,000 Idahoan's are facing these challenges; and

WHEREAS, through *Recovery Month*, people become more aware of and able to recognize the signs of mental health and substance use disorders and encourages people in need of recovery services to seek help. Managing the effects of these conditions helps individuals achieve healthy lifestyles, both physically and emotionally, as evidenced by NSDUH's survey findings; and

WHEREAS, the *Recovery Month* observance continues to work to improve the lives of those affected by mental health and substance use disorders by raising awareness and educating communities about the effective services that are available. For the above reasons, I am asking the citizens of Caldwell, Idaho to join me in celebrating this September as National *Recovery Month*.

NOW THEREFORE, I, Jarom Wagoner, Mayor of the City of Caldwell, do hereby proclaim the month of September 2023 as *National Recovery Month* in Caldwell, Idaho and call upon our community to observe this month with compelling programs and events that support this year's observance of Recovery Month.

Jarom Wagoner, Mayor City of Caldwell

The Treasure of the Palley