

# Caldwell Parks & Recreation



## Fall 2024 ACTIVITY GUIDE



Photo credit: Birdy Photography



# The City of Caldwell

## Caldwell City Hall

208-455-3000 • 205 S. 6th Ave.

## Caldwell Senior Center

208-459-0132 • 1009 Everett St.

## Canyon Hill Cemetery

208-455-3055 • 2024 N. Illinois Ave.

## Caldwell Library

208-459-3242 • 1010 Dearborn St.

## Caldwell Police

208-455-3115 • 110 S. 5th Ave.

## Caldwell Fire

208-455-3032 • 310 S. 7th Ave.

## Mayor

Jarom Wagoner

## 2024 City Council

Chris Allgood

Mike Dittenber

Brad Doty

Diana Register

Chuck Stadick

Geoff Williams



## PARKS & RECREATION

710 Irving St. • Caldwell, ID 83605

(208) 455-3060

E-mail: [caldwellrec@cityofcaldwell.org](mailto:caldwellrec@cityofcaldwell.org)

Office Hours: Mon. - Fri. 8:00 AM – 5:00 PM

[www.cityofcaldwell.org](http://www.cityofcaldwell.org)

## MAKE YOUR NEXT EVENT HISTORIC PLAN IT AT THE DEPOT



**\$400** +TAX

**Rental Fee for Building**

**\$150** +TAX

**Rental Fee for Plaza**

This beautifully restored 1906 facility is available for special events and private rentals

Corporate Meetings • Weddings • Social Events

Company Functions • Catered Parties

Contact Ellen Miller at [emiller@cityofcaldwell.org](mailto:emiller@cityofcaldwell.org)

## RECREATION

**Denise Milburn**

Recreation Superintendent

## PARKS

**Daniel McDonald**

Parks Superintendent

## GOLF

**Ken Wheeler**

Golf Superintendent

## Purple Sage Golf Course

208-459-2223

15192 Purple Sage Rd.

## Fairview Golf Course

208-455-3090

816 Grant St.

## CALDWELL EVENTS CENTER

**Juan Avila**

CEC Superintendent

**O' Connor Field House**

208-455-3004

# City of Caldwell

*A message from Denise Milburn,  
Recreation Superintendent!*

*Hello!*

Has your family caught Olympic fever? Symptoms can be brought on by watching USA athletes compete in any of the 32 sporting competitions at the Olympic Games in Paris. Have you experienced bated breath, followed by explosive cheering, immense pride and a desire to get out and try a new sport? With just a few short days left to take in all of the excitement of the Olympics, don't let the "fever" dissipate. I would like to encourage you to use Olympic fever to fuel your family's interest in sports.

Although flag football will not become an Olympic sport until the L.A. Games in 2028, youth and adults can participate in Caldwell Recreation leagues now. Kindergarten through 4th grade students will have the opportunity to join our new NFL Flag Football Leagues. Registration ends soon, so register today! Adult flag football will also begin in September. Put together your team of friends, family and co-workers and come play under the lights in Luby Park this fall.

Men's basketball has been an Olympic event since 1936, with women's basketball debuting in 1976. Looking for local hoops competitions? We offer both men's and women's basketball leagues. Your team can get a jump on the competition by using any of the City's outdoor basketball courts to get your game on. We also offer basketball for our young athletes. This year we are partnering with the C of I to bring Yotes Basketball to Caldwell Recreation! Check out page 16 for a list of leagues and registration deadlines.

Gymnastics has long been an Olympic favorite, and this year Team USA has all of us cheering! Caldwell Recreation recently partnered with Ignite Gymnastics to offer classes to our budding gymnasts, 18 months and up. Perhaps our local Olympian, Alyssa Mendoza, sparked your interest in boxing. Our C-Town Boxing is a USA Boxing sanctioned program with dedicated coaches. We are proud to offer affordable programs for our future Olympians. Check out this Activity Guide for all of the fun leagues and programs.

Whether the onset of Olympic fever began with the opening ceremonies, a sporting event, or a connection to one of our athletes, I hope your enthusiasm inspires you to move toward a more active lifestyle. Wishing you and your family many golden Olympic moments of joy this fall!

Sincerely,

*Denise Milburn*

[dmilburn@cityofcaldwell.org](mailto:dmilburn@cityofcaldwell.org)

208-455-4780



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SAT., NOV. 9, 2024



JOIN US FOR  
**RAKE UP**  
CALDWELL

9AM-12PM

MEET AT TVCC PARKING LOT  
(205 S. 6TH AVE)



SCAN THE QR CODE, CALL OR TEXT  
208-614-8286  
EMAIL  
[BKIDA@CITYOFCALDWELL.ORG](mailto:BKIDA@CITYOFCALDWELL.ORG)

# Community Events

## FARM TO FORK FARMERS' MARKET

Indian Creek Plaza

Held every Tuesday through Sept 24,  
5:00 - 8:00 PM

## CALDWELL NIGHT RODEO KICK-OFF: BOOTS, BUCKLES AND BREWS

Indian Creek Plaza

August 10, 6:00 - 9:00 PM

## CALDWELL NIGHT RODEO

August 13-17

Gates open at 5:30 PM

Celebrating 100 years of rodeo tradition in Idaho.  
Visit [caldwellnightrodeo.com](http://caldwellnightrodeo.com) for schedule.

## CALDWELL CENTENNIAL BAND SUMMER CONCERT SERIES

Memorial Park Bandshell

August 19, 7:30 - 8:30 PM

Don't miss the last Caldwell Centennial Band  
performance of the season! Bring your chairs  
and your friends. Family Friendly!

## HOPS & CROPS FESTIVAL

Indian Creek Plaza

Saturday, September 7, 12:00 - 4:00 PM

## TASTE OF CALDWELL HARVEST FESTIVAL

Indian Creek Plaza

Saturday, September 7, 5:00 - 8:00 PM

## INDIAN CREEK FESTIVAL

Downtown Caldwell

Friday, September 13, 6:00 - 9:00 PM

Saturday, September 14, 7:00 AM - 4:00 PM

This two-day festival spans blocks in downtown  
Caldwell and includes a car cruise, car show,  
chalk art contest, and a local marketplace. On  
Friday night the plaza features live music, but  
the most anticipated event is the cardboard  
kayak race where teams compete to see who  
can build the fastest, watertight kayak out of  
just cardboard and duct tape.

## C-TOWN BOXING PRESENTS IDAHO SILVER BELT INVITATIONAL BOXING TOURNAMENT

O'Connor Field House

Saturday, September 28

Doors open at 5:00 PM, Bouts begin at 6:00 PM  
Join the excitement as this USA Boxing  
sanctioned event returns to Caldwell! Expect 20  
bouts of competition.

## DOGTOBERFEST

Indian Creek Plaza

Saturday, October 5, 1:00 - 5:00 PM

Calling all four legged friends, Indian Creek Plaza  
is welcoming you and your owners (leashes  
required) to join us in celebrating two of our  
favorite things this October... dogs and beer!  
Bring your pups, dress them up and enjoy an  
Oktoberfest themed celebration.

## HOLIDAY BAZAAR

O'Connor Field House

November 8 & 9 10:00 AM - 6:00 PM

Admission: \$1.00

What a great start to the holiday season! Craft  
vendors fill every corner of the Field House for  
this event. You will find many unique items  
to purchase for your holiday decorating or as  
special gifts.

## ICE SKATING RIBBON & RINK

November through February\*

Indian Creek Plaza

\*Hours vary daily, weather permitting

## WINTER WONDERLAND OPENING WEEKEND

Downtown Caldwell

Friday-Sunday, Nov. 22-24 from 6:00 - 9:00 PM

The Winter Wonderland Festival is Idaho's official  
start of the Christmas season! Every year, the City  
of Caldwell decorates Indian Creek in downtown  
Caldwell with one million lights and 'flips the  
switch' to turn on the lights! The Festival also  
marks the opening of ice skating at the Ice Ribbon  
at Indian Creek Plaza. Experience the winter  
season every evening; visit Santa, go ice skating,  
eat your favorite treat, or start your holiday  
shopping. We have everything you need to kick  
off the holidays right here in downtown Caldwell!

## 21ST ANNUAL TREASURE VALLEY NIGHT LIGHT PARADE

Saturday, December 7, Begins at 6:00 PM

One of the largest night-time family parades  
in the Northwest, this two mile line-up of over  
70 floats will be beautifully decorated with  
thousands of lights. The parade route will begin  
at O'Connor Field House and proceed down  
Blaine St. to 5th Ave.



*O'Connor Field House,  
Simplot Stadium/CNR Arena*  
**PUBLIC EVENT SCHEDULE**

EVENT DATE	EVENT	LOCATION	TIME
<b>AUGUST</b>			
TUE 13 – SAT 17	CALDWELL NIGHT RODEO	ALL FACILITIES	6 PM
FRI 23 & SAT 24	CROSSFIT COMPETITION	O'CONNOR FIELD HOUSE	8 AM
SAT 24	C OF I FOOTBALL	SIMPLOT STADIUM	7 PM
SAT 31	C OF I FOOTBALL	SIMPLOT STADIUM	7 PM
<b>SEPTEMBER</b>			
SAT 7 & SUN 8	GUN SHOW SALE & TRADE	O'CONNOR FIELD HOUSE	10 AM
SAT 14	ROLLER DERBY	O'CONNOR FIELD HOUSE	5 PM
SAT 21 & SUN 22	TRAIN SHOW	O'CONNOR FIELD HOUSE	10 AM
SAT 28	C OF I FOOTBALL	SIMPLOT STADIUM	11 AM
SAT 28	SILVER BELT BOXING	O'CONNOR FIELD HOUSE	5 PM
<b>OCTOBER</b>			
SAT 5	CHAMPIONS MARTIAL ARTS	O'CONNOR FIELD HOUSE	5 PM
SAT 12	C OF I FOOTBALL	SIMPLOT STADIUM	11 AM
SAT 12	ROLLER DERBY	O'CONNOR FIELD HOUSE	5 PM
THUR 19 – SAT 21	SO YOU THINK YOU ARE A COWGIRL	CNR ARENA	10 AM
SAT 26	C OF I FOOTBALL	SIMPLOT STADIUM	11 AM
<b>NOVEMBER</b>			
FRI 8 & SAT 9	CALDWELL HOLIDAY CRAFT BAZAAR	O'CONNOR FIELD HOUSE	10 AM
SAT 16	C OF I FOOTBALL	SIMPLOT STADIUM	11 AM
<b>DECEMBER</b>			
SAT 7	CALDWELL NIGHT LIGHT PARADE	ALL FACILITIES	6 PM
WED 11	HAZARDOUS CHEMICAL DISPOSAL	O'CONNOR FIELD HOUSE	10 AM
FRI 20 & SAT 21	COWBOY CHRISTMAS VENDOR EVENT	O'CONNOR FIELD HOUSE	10 AM



**ALL DATES AND TIMES OF SCHEDULED EVENTS ARE SUBJECT TO CHANGE**



# Caldwell Recreation Trip



## END OF SEASON BOUNTY ABOARD THE EAGLE CAP TRAIN!

**DATE: SAT, OCT 26, 2024**

**TIME: 7:00 AM – 6:00 PM**

**SENIORS 60+: \$155**

**ADULTS 17 - 59: \$160**

**YOUTH 3 - 16: \$100**

Join Caldwell Recreation as we embrace the beauty of autumn aboard the Eagle Cap Train! Relish the bounty of the season and the waning fall colors, as the train follows the shore of the Grande Ronde River to Rondowa, where it is joined by the wild & scenic Wallowa River. The ride continues a couple of miles up the Wallowa, then reverses direction for the return to Elgin. The late-season scenery is fantastic!

We will depart from Caldwell Recreation in the comfort of a diesel coach bus, heading to Elgin, Oregon where we will board the train. A delicious hot meal featuring stew with locally sourced beef and vegetables, fruit, and homemade caramel apple cake is included and served along the way. Transportation, train ride with lunch, and tax are included in the fee.

**Reserve your seats today for this fun adventure!**

**Register at [www.cityofcaldwell.org/recreation](http://www.cityofcaldwell.org/recreation) or call 208.455.3060**



## Caldwell Senior Center

1009 Everett St., Caldwell, ID 83605 | 208-459-0132  
Monday – Friday 9:00 A.M. - 3:00 P.M.



"New to You" Senior Store	Monday – Friday	9:00 AM – 3:00 PM
Meals	Monday – Friday: \$5.00 suggested donation. Age 60+ \$6.00 under age 60	12:00 PM
Exercise Class	Monday & Thursday Free	9:00 AM
Fit & Fall Program	Monday & Thursday Free	10:00 AM
Line Dancing Classes	Monday \$6.00 class	1:00 PM
Pinochle	Tuesdays	1:00 PM
Pool Players	Monday – Friday \$1.00 a day	9:00 AM
Dances	Friday \$5.00 Live Bands	6:00 – 9:00 PM
Foot Clinic	2nd Friday by appointment only	(208) 989-9347
Blood Pressure Check	1st & 3rd Friday of the month	11:00 AM
Bingo	Every Tuesday	4:30 PM
Square Dancing	Mondays	6:00 PM

### MUSICAL ENTERTAINMENT

11:00 am – 12:00 noon

Various groups offer musical entertainment throughout the month.

Senior Jammers

Rusty & the Country Jammers

The Key Strings

Sylvia Hunt

Easy Pickins

### SENIOR CLASSES

**"FIT & FALL PROOF" EXERCISE PROGRAM** 10:00 am • Free

Improve strength and balance. Classes held on Mondays and Thursdays.

**SENIOR EXERCISE** 9:00 am • Free

Class includes standing, sitting, and floor exercises. Meet new friends and gain strength, flexibility, and balance. Classes held Mondays and Thursdays.

**Get a copy of our monthly menu and events calendar at [cityofcaldwell.com](http://cityofcaldwell.com) website.**

**Meals on Wheels - 208-454-8142**

**Senior Bus - CCOA - 208-459-0063 (\$0.75 suggested donation)**



# Tours & Trips



Join Caldwell Recreation for a Collette Travel presentation Tuesday, October 1, 2024 at 1:00 PM in the Caldwell Public Library Dean Miller Room, 1010 Dearborn. These travel packages are a great way to take a vacation without all the stress and hassle. Each includes airfare from Boise, accommodations, ground transportation, entrance tickets, and several meals. A deposit is required to reserve your space on these unique tours. Please Call Denise at Caldwell Recreation for more information, 208.455.4780.

## SPOTLIGHT ON WASHINGTON, D.C. MAY 8-13, 2025



Walk the path forged by leaders of the free world in America's spirited capital city. View monuments that commemorate the heroes who have shaped America's past, including the World War II Monument, the Vietnam Veterans Memorial, and the Korean War Memorial. Wander Mt. Vernon's beautiful plantation grounds and tour the beloved home of George Washington. Uncover Smithsonian treasures as you explore some of its world-renowned museum collections. The epic story of American democracy comes to life in Washington, D.C.

**Included in price: Round trip Air from Boise Municipal Airport, Air taxes and Fees/Surcharges, Hotel Transfers. All rates are per person. Book by November 8, 2024 and save \$200 per person! Double \$3,199; Single \$3,999; Triple \$3,149**

## DISCOVER COLORS OF NEW ENGLAND OCTOBER 10-17, 2025



Be charmed by the colors of New England from the heart of historic Boston to the farms, mountains, and coast of the North. Begin your journey in historic Boston. Explore Woodstock, Vermont, a quintessential New England village. Watch apples transform into cider before your eyes at Cold Hollow Cider Mill. Learn about the maple sugaring industry of New England on a farm tour of the Rocks Estate. Relax as you cruise along Lake Winnepesaukee and admire the splendid views. Dig in at a traditional New England lobster dinner. Travel up the winding Auto Road to see the stunning views from the summit of Mount Washington. Marvel at Maine's dramatic coast and discover the seaside communities of Portland and Kennebunkport. This is New England at its finest.

**Included in price: Round trip Air from Boise Municipal Airport, Air taxes and Fees/Surcharges, Hotel Transfers. All rates are per person. Book by April 10, 2025 and save \$100 Per Person! Double: \$4,449; Single: \$5,949; Triple: \$4,399**

## CANADIAN ROCKIES & GLACIER NATIONAL PARK AUGUST 5-11, 2025



Ice fields, rushing waterfalls, glacial peaks, and towering summits are just a few of the wonders awaiting you in the Canadian Rockies and Glacier National Park. Visit Head-Smashed-In Buffalo Jump, a UNESCO World Heritage site and one of the world's oldest, best preserved buffalo jumps. Ride aboard a Jammer (open-air touring car) during a visit to Glacier National Park. Journey along the unforgettable Icefields Parkway. Stop at Athabasca Glacier and choose to ride across this mass of glacier ice or take a walk on the glass bottom platform at the Columbia Icefield Skywalk. Explore Bow Falls and Surprise Corner. Visit the incomparable Lake Louise. Get ready for an adventure that brings together the expanse of the prairies, the majesty of the Canadian Rockies, and Montana's Glacier National Park.

**Included in price: Round trip Air from Boise Municipal Airport, Air taxes and Fees/Surcharges, Hotel Transfers. All rates are per person. Book by February 5, 2025 and save \$150 per person! Double \$4,549; Single \$5,549; Triple \$4,499.**

## SPAIN'S COSTA DEL SOL & MADRID DISCOVERY APRIL 13-21, 2026



Let yourself be charmed by the sunny Andalusian lifestyle and discover the culture, cuisine, and history of southern Spain. Explore Costa del Sol's beaches, boutiques, and cafés during a 5-night stay in a seaside town. Immerse yourself in Andalusian culture during visits to the picturesque, whitewashed villages of Setenil del las Bodegas and Ronda. Tour a medieval castle and see an iconic Roman aqueduct in the historic city of Segovia, and experience the vibrant energy of the capital city during a 2-night stay in Madrid. Revel in the magic of this unique region, from the sparkling waters of the Costa del Sol to the cosmopolitan elegance of Spain's historic city centers.

**Included in price: Round trip Air from Boise Municipal Airport, Air taxes and Fees/Surcharges, Hotel Transfers. All rates are per person. Book by Oct 14, 2025 and save \$250 Per Person! Double: \$4,149; Single: \$4,749**



# Caldwell Public Library



Program Schedule begins in September

## WEEKLY PROGRAMS

### MONDAYS

**Baby Storytime 1** - 10:30 AM (ages 0-1)

**Baby Storytime 2** - 11:00 AM (ages 1-2)

### TUESDAYS

**WICAP at the Library** - 10 am-12 PM & 1-4 PM

**Department of Labor at the Library** - 10 AM-3:30 PM

### WEDNESDAYS

**Music & Movement** - 10:30 AM (ages 2-6)

**Afterschool Fun** - 3:30 PM (ages 5-12)

### THURSDAYS

**Preschool Storytime** - 10:30am (ages 2-6)

**Teen Thursday** - 4:30 PM (ages 13-17)

### FRIDAYS

**Tai Chi & QiGong** - 10am (ages 18+)

## MONTHLY PROGRAMS

### MONDAYS

**Knitting & Crochet Social** - 1 PM-2:30 PM (ages 18+)

2nd Monday of every month

Last Thursday of the month - 6 PM-7:30 PM

**Teen Book Club** - 5 PM

4th Monday of the month (ages 13-17)

**Friends of the Library meetings** - 5:30 PM

Every first Monday of the month

### TUESDAYS

**Lego Club** - 4 PM-5 PM (ages 7-16)

2nd Tuesday of the month

**Board Game Night** - 6:30 PM (all ages)

1st Tuesday of the month

### WEDNESDAYS

**Tech Lab** - 10 AM-12 PM (ages 18+)

2nd Wednesday of every month

### THURSDAYS

**Laundromat Storytime** - 11AM (ages 0-5)

4702 Beacon Ln #100

1st Thursday of every month

3rd Friday of the month - 4:30 PM-5 PM

**Caldwell Public Library at The Senior Center**

- 11 AM-12 PM (1009 Everett St.)

Every 3rd Thursday of the month

**Board Meetings** - 12 PM

3rd Thursday of every month

**Farmway Afterschool Program** - 4:30 PM

(all ages)

22730 Farmway Rd

2nd Thursday of every month

**Thursday Read Book Club (ages 18+)**

2nd Thursday of every month - 2 PM

3rd Thursday of every month - 6:30 PM

September - *"Beneath a Scarlet Sky"* by Mark Sullivan

October - *"Alias Grace"* by Margaret Atwood

November - *"The Night Tiger"* by Yangsze Choo

December - *"The Space Between Words"* by Michèle Phoenix

**Gardening** - 7 PM-8 PM (ages 18+)

2nd Thursday of every month

### FRIDAYS

**Caldwell Public Library At Boise Mexican Consulate** - 8 AM-11:30 AM (701 Morrison

Knudsen Plaza Dr, Boise, ID 83712)

Every 2nd Friday of the month

Saturdays

**Kids Connect** - 2 PM-2:30 PM (ages 7-15)

1st Saturday of every month

**Optimist Family Movie** - 2 PM (all ages)

(September - December)

3rd Saturday of every month

## SPECIAL DATES

**End of Summer Reading Movie**- August

7 - 10 AM - Caldwell Luxe Reel Theater (200

people max capacity)

**Last Day of Summer Reading Program** -

August 10

**Youth program break** - August 11-31

September - Library Card sign up month

Friends of the Library Book Sale - October 11-

12 - 10 AM-4 PM

**October - Ghost Stories in the Graveyard** -

Canyon Hill Cemetery

**Noon Year's Eve Party** - December 29 - 11

AM-12 PM (all ages)

**\*Scheduling and hours may vary during holidays**

## HOURS:

Mon.-Thurs. 10 am - 9 pm | Fri. 10 am - 6 pm

Sat. 10 pm - 5 pm | Sun. 2 pm - 5 pm

1010 Dearborn Street, Caldwell, ID 83605  
(208) 459-3242 | [infolibrary@cityofcaldwell.org](mailto:infolibrary@cityofcaldwell.org)  
[www.caldwellpubliclibrary.org](http://www.caldwellpubliclibrary.org)



2024-2025

City of Caldwell

## Mayor's Youth Advisory Council

8th to 12th Grade  
1st and 3rd Wednesdays during the school year  
(September-May)  
5:30-6:30pm

The Nancolas Center  
City Hall City Council Chambers  
(First Floor)  
205 S. 6th Ave  
Caldwell, ID 83605

For More Information:

(208) 614-8286 | [bkida@cityofcaldwell.org](mailto:bkida@cityofcaldwell.org) | [caldwell\\_myac](https://www.instagram.com/caldwell_myac)





# Registration Information



## HOW TO REGISTER:

### WALK-IN REGISTRATION

Visit us at the Caldwell Parks and Recreation office located at 710 Irving St. in Memorial Park. We are located off Kimball Ave. near Fairview Golf Course.

Office hours are 8:00 AM to 5:00 PM, Monday-Friday

### ONLINE REGISTRATION

Our website offers you the opportunity to view upcoming classes and programs as well as registering right from the convenience of your own home. Available 24 hours a day, seven days a week, this site is the perfect solution to your busy schedule. Payments can be made with Discover, MasterCard, or Visa. To visit our website go to: [www.cityofcaldwell.org/recreation](http://www.cityofcaldwell.org/recreation).

### LIABILITY WAIVER

**THE FOLLOWING LIABILITY WAIVER APPLIES TO ALL PARTICIPANTS ENROLLED IN A CITY OF CALDWELL RECREATIONAL PROGRAM. UPON ENROLLMENT YOU ACCEPT THE FOLLOWING CONDITIONS:**

1. I certify that, to the best of my knowledge, the participant(s) named herein is/are physically able to engage in these activities.
2. In consideration of acceptance of the registration, I for myself, children, guardianship, and anyone entitled to act on the behalf of anyone registered for the City of Caldwell Recreational programs, agree to waive any claim against the City of Caldwell, its employees or its agents for injuries that may occur as a result of my participation in this program. I understand the risks involved in the activity and agree that I will exercise caution and take all steps necessary to avoid injury.
3. I give my consent for use of any photographs or videotape taken of myself and/or participant to be used in future promotional and marketing materials.

### REFUND POLICY

A total refund will be issued if the class or program you have registered for is full or has been cancelled by the City Recreation Department and for medical reasons (with

documented evidence). A refund, minus a \$6.00 processing fee, is issued when you cancel 7 days before the starting date of the class. The processing fee is waived if you apply your refund to an alternate class.

Refunds will not be issued:

1. When you cancel after the 7th day prior to the beginning date of a class / program.
2. The fee is less than \$6.
3. For team fees when cancellation is after the registration deadline.

**CALDWELL FINE ARTS**  
AT THE COLLEGE of IDAHO

**SERIES 24-25**

**CREATE YOUR OWN SEASON**  
Buy 4+ Events & Save 20% plus Get the Best Seats in the House!

SEPT 26	LUCA STRICAGNOLI
NOV 4	BYU INTL' FOLK DANCE ENSEMBLE
NOV 22-24	BALLET IDAHO'S THE NUTCRACKER: IN A NUTSHELL
NOV 22-23	CLARA'S TEA PARTY
JAN 17	JULIA KEEFE DUO
FEB 21-22	THE FLOWER OF SUNNYMOUNT CREST
MAR 7	ANNA HAN, PIANIST
MAR 27	THE WORLD FAMOUS GLENN MILLER ORCHESTRA
APRIL 24	JARABE MEXICANO
MAY 10	DRY BAR COMEDY

**208-717-5368**  
**CALDWELLFINEARTS.ORG**

# Gymnastics



## IGNITE GYMNASTICS – NEW!

At Ignite Gymnastics, our goal is to spark a passion for movement and achievement in our young athletes. Our classes focus on developing core gymnastics skills on all four women's events (vault, bars, beam, and floor); our qualified coaches will guide your child through a safe and progressive curriculum. Children learn best with movement, so we use this opportunity to teach more than just gymnastics! We help children build important life skills like perseverance, listening, independence, turn-taking, and teamwork in a supportive environment. Our team of coaches are dedicated to creating a positive and motivating experience for every child. They will help your child develop their foundational gymnastics or tumbling skills, while also building their confidence and self-esteem.

DATE & TIME	GYMNASTIC CLASSES	FEE
<b>MONDAY</b>		
10:00am-10:30am	Dynamite Duos (Parent Participation Required) Ages 18mo - 2y 11 mo	\$30
10:30am-11:00am	Mini Sparks (3 year olds)	\$30
11:00am-11:30am	Sparklers (4 year olds)	\$30
4:00pm-4:55pm	Firecrackers (5 year olds)	\$40
5:00pm-5:30pm	Sparklers (4 year olds)	\$30
5:30pm-6:25pm	Beginner Girls Gymnastics (6-8 year olds)	\$40
6:30pm-7:25pm	Beginner Girls Gymnastics (9+ year olds)	\$35
<b>TUESDAY</b>		
10:00am-10:30am	Dynamite Duos (Parent Participation Required) Ages 18mo - 2y 11 mo	\$30
10:30am-11:00am	Mini Sparks (3 year olds)	\$30
11:00am-11:55am	Firecrackers (5 year olds)	\$30
<b>WEDNESDAY</b>		
10:00am-10:30am	Dynamite Duos (Parent Participation Required) Ages 18mo - 2y 11 mo	\$30
10:30am-11:00am	Mini Sparks (3 year olds)	\$30
11:00am-11:30am	Sparklers (4 year olds)	\$30
<b>THURSDAY</b>		
10:00am-10:30am	Dynamite Duos (Parent Participation Required) Ages 18mo - 2y 11 mo	\$30
10:30am-11:00am	Mini Sparks (3 year olds)	\$30
11:00am-11:55am	Firecrackers (5 year olds)	\$40
5:00-5:30pm	Mini Sparks (3 year olds)	\$30
5:30pm-6:25pm	Beginner Girls (Ages 9+)	\$40
6:30pm-7:25pm	Beginning Tumbling (Ages 9+)	\$35

# Preschool and Prekindergarten



## ENROLLMENT FOR THE 2024-2025 SCHOOL YEAR IS OPEN!

Instructor: Tiffany Ruiz

Location: Memorial Park Classroom

### PRESCHOOL CLASS

This class is for three and four year olds who will be attending Kindergarten in the Fall of 2026. Designed for children who can use the restroom independently, this two-hour class helps develop social skills in a classroom setting. Children will enhance their social and language skills and develop independence. Colors, shapes, letters, numerals, following simple directions and name recognition will be reinforced, with an emphasis on coordination needed for gluing, drawing and cutting.

Two Days a Week

Classes start Tuesday, Sept. 3

Ages: 3 - 4 years

Days: Tuesdays & Thursdays

Times: 9:15 - 11:15 AM

Fee: \$88 per month

### PREKINDERGARTEN CLASS

These classes help prepare four and five year olds for success in Kindergarten in the 2025 - 2026 school year. Through play, children gain independence, acquire basic kindergarten readiness skills in literacy, math, science, writing, art and music. Children will be challenged to think, solve problems, communicate and investigate their world.

3 Days a Week

Classes start Wednesday, Sept. 4

Ages: 4 - 5 years

Days: Mondays, Wednesdays & Fridays

Times: 9:00 - 11:45 AM

Fee: \$110 per month

2 Days a Week

Classes start Tuesday, Sept. 3

Ages: 4 - 5 years

Days: Tuesdays & Thursdays

Times: 12:00 PM - 2:45 PM

Fee: \$88 per month

ATTENTION PARENTS: Please have your child's immunizations up to date, however, your child's record is not required for enrollment. Class supplies and snacks will be provided by Caldwell Recreation. Tuition is due by the 10th of each month to avoid a \$10 late fee.



## STUDENT OPEN HOUSE

\*\*DROP IN ANYTIME DURING THESE TIMEFRAMES\*\*

**3-DAY PREKINDERGARTEN:  
WED. AUG 28, 10AM-NOON**

**2-DAY PREKINDERGARTEN & PRESCHOOL  
THURS. AUG 29, 10AM-NOON**

### BABYSITTING TRAINING

Instructor: Carrie Johnson Clarich, U of I Extension

Location: Roberts Rec Center Kitchen, 504 Grant St.

Date: Friday, Oct 25

Time: 10:00 AM - 3:30 PM

Ages: 12 - 16

Fee: \$20

The babysitting curriculum includes fun, hands on, informational activities. Nutritional foods/snacks, ages/stages of child development, handling emergency situations, babysitting do's and don'ts, 7 principles of discipline and the business of babysitting. Participants receive a CD containing all the class material as well as a student guide and a certification of completion. We provide the basics of CPR & First Aid but certification is not included. Participants need to bring a bagged lunch. Call the Canyon County Extension Office at 208-459-6003 or email Carrie Johnson Clarich at [carriej@uidaho.edu](mailto:carriej@uidaho.edu) for more information.

# Culinary Arts



## In the Kitchen with Kami Pahlas

**Location: Roberts Recreation Center, 504 Grant St.**

**Ages: 8-17**

Kami Pahlas is a local baker, business owner and mother of four. A 5th generation Idahoan, Kami's Idaho roots run deep. When Kami isn't baking, she is caring for her four lovely children. The Idaho Cookier, a small local business founded by Kami Pahlas in 2020, was born of a passion for baking that has been growing since childhood. She started decorating cakes for friends and family and eventually added cookies, chocolates, scones, and many other baked goods to her expertise. She can now be found instructing cooking and baking classes throughout the Treasure Valley. Kami has strengths in creativity, inclusion and creating a fun environment in her classes.



### MACARONS FOR KIDS

**Tuesday, Sept 10, 5:00-7:00 PM**

**Fee: \$35**

Making great macarons doesn't have to be a mystery and in this class, students will get an introduction to simple ways to make great macarons to take home to their families. We will cover macaronage (the technique of making macaron batter), ingredients, fillings and assembly. Each student will take home an easy, foolproof macaron recipe as well as 6 delicious macarons in a few flavors of their choosing.



### SPOOKY DOUGHNUTS

**Wednesday, Oct 23, 5:00-7:00 PM**

**Fee: \$35**

In this class students will bake and decorate doughnuts from scratch. They will develop a recipe based on their desired flavor of doughnut. Then students will make glaze from scratch. The doughnuts will be decorated in kid-friendly spooky themes, just in time for Halloween. Students will go home with a half dozen doughnuts and an easy recipe.



### TOUR OF ITALY

**Tuesday, Sept 24, 5:00-7:00 PM**

**Fee: \$35**

This class will start with students making a delicious Italian soda to enjoy in our kitchen. For antipasti, participants will make a delicious Mediterranean salad. For the entree, students will make fettuccine pasta and Alfredo sauce from scratch. Students will review recipes, record modifications and take home their creations.



### CHRISTMAS COOKIES

**Wednesday, Dec 11, 5:00-7:00 PM**

**Fee: \$35**

Come join us and learn to make royal iced cookies! Students will receive step by step instructions to decorate a beautiful matching set of cookies. All supplies and materials will be provided in class. Students will take home their set of cookies in a pastry box.



### PUP-CAKES!

**Tuesday, Oct 8, 5:00-7:00 PM**

**Fee: \$35**

In this class we will be making cupcakes that look like puppies! Students will make cupcakes and buttercream frosting from scratch. They will practice piping and have step by step instructions to decorate their cupcakes. Each student will bring home recipes and their set of cupcakes in a pastry box.



## Instructors Wanted

Caldwell Parks & Recreation is currently seeking instructors who would like to share their knowledge and talent with others. Earn \$\$\$ and have fun teaching your favorite skill or hobby. We offer a wide variety of activities for youth and adults such as art, crafts, educational programs, and physical activities. The Roberts Recreation Center has a kitchen, classrooms, gym, and dance studio available for youth and adult classes.

**Call Denise at Caldwell Parks & Recreation  
for more information, 208-455-3060.**



# Youth Activities



## DYNAMIC CHEER

**Instructor:** Star Crudup

**Location:** Roberts Rec Center Gym, 504 Grant St.

Hello! My name is Star! I absolutely love Cheerleading and all things cheer related. My most favorite thing to do is plan cheer routines and watch my squad perform! I have coached all age groups in cheer! I love practicing cheer motions, cheer dances, randomly singing songs I don't know all the lyrics to, snacking, and reading fun books!

**Dates:** Wednesdays, June – February

**Ages:** 4-14

**Time:** 6:00 - 7:30 PM

**Fee:** \$65 per month

Registration for the 2024/2025 Cheer Season closes September 16, 2024! Come join our "Dynamic Cheer" Recreation squad! Learn the proper skills needed to become the best cheerleader you can be! Participants will learn cheer motions, jumps, cheers and chants, skill appropriate stunts and cheer dances! The Cheer Season runs from June - February. The squads will participate and perform at local events around the area including city parades and cheer showcases.

**\*\*Uniforms are required and are an additional fee not included in the monthly class fee.**

## JAZZ DANCE & BALLET DANCE CLASSES

**Instructor:** Aria Herzbrun

**Location:** Roberts Rec Center Dance Studio, 504 Grant St.

### JAZZ - MONDAYS

Come join us for jazz dance! All experience levels welcome! All dancers are required to wear a dance leotard (any color), dance pants or shorts worn with tights, and tan jazz shoes (no laces). No sneakers. Skirts are optional. Dancers need to have their hair secured off the neck, preferably in a ponytail or bun. Dancers may want to bring a water bottle.

**Ages:** 3 & 4 Years

**Time:** 3:30 – 4:00 pm

**Fee:** \$30

**Maximum 5 students per class**

**Ages:** 5 & 6 Years

**Time:** 4:00 – 4:45 pm

**Fee:** \$35

**Maximum 8 students per class**

**Ages:** 7-10 Years

**Time:** 5:00 – 6:00 pm

**Fee:** \$40

**Maximum 10 students per class**

### BALLET - TUESDAYS

Come join us in ballet dance classes! Students will learn how to move with the music while building strength and grace. All experience levels are welcome! All dancers are required to wear a dance leotard, pink tights, and pink ballet shoes, either leather or canvas (no satin). Skirts are optional. No sneakers, Tank tops or shorts. Dancers must also have their hair secured off the neck, preferably in a bun. Dancers may want to bring a water bottle.

**Ages:** 3 & 4 Years

**Time:** 3:30 – 4:00 pm

**Fee:** \$30

**Maximum 5 students per class**

**Ages:** 5 & 6 Years

**Time:** 4:00 – 4:45 pm

**Fee:** \$35

**Maximum 8 students per class**

**Ages:** 7-10 Years

**Time:** 5:00 – 6:00 pm

**Fee:** \$40

**Maximum 10 students per class**




**WE WANT YOUR PICTURES!**

Snap a photo of life in Caldwell!

- Recreation Activities
- Special Events
- Municipal Parks
- Friends & Family

We may use your photo in an Activity Guide, promotional flyer, or share it on social media.

Email your photo to:  
[caldwellrec@cityofcaldwell.org](mailto:caldwellrec@cityofcaldwell.org)

# Youth Activities



## LEGO® SPIKE

**Instructor:** Jacquelyn Stafford~Fust

**Location:** Roberts Rec Center Dance Room, 504 Grant St.

**Dates:** Session 1 – Saturdays, Sept 28-Oct26

Session 2 – Saturdays, Nov 2-30

**Time:** 12:30-2:30 PM

**Ages:** 9-12

**Fee:** \$60

**Min/Max students:** 5/10

What does LEGO®+Scratch=? It equals Spike! Come check out this NEW and FUN way to combine your love of LEGO® with easy coding. Spike has colorful LEGO® building elements, easy to use hardware, and an intuitive drag and drop coding language based on Scratch. Spike Prime will engage kiddos through playful learning activities to think critically and solve complex problems, regardless of their learning level. Children will be working in pairs to learn teamwork and collaboration in this fun and exciting class.

## LEGO® WE DO 2.0

**Instructor:** Jacquelyn Stafford~Fust

**Location:** Roberts Rec Center Dance Room, 504 Grant St.

**Dates:** Session 1 – Saturdays, Sept 28-Oct26

Session 2 – Saturdays, Nov 2-30

**Time:** 12:30-2:30 PM

**Ages:** 6-8

**Fee:** \$55

**Min/Max students:** 5/10

Race a LEGO® car, feed a LEGO® alligator, and explore Mars with a LEGO® Mars Rover! This fun and engaging class teaches how to build and program all LEGO® builds while also experiencing math and science! Don't miss out on this exciting and fun class!

## PINEWOOD DERBY RACING

**Registration Deadline:** September 30

**Location:** Caldwell First Baptist Church, 221 E. Linden

**Grades:** Preschool – 6th Grade

**Fee:** \$18

**Race Days:** Oct 10, 7:00 – 7:30 PM &

Oct 24, 7:00 – 8:30 PM

Ever built a race car? Here's your chance to build the coolest, fastest wooden car on the race track. Three divisions available: preschool & 1st grade, 2nd & 3rd grade, and 4th-6th grade. Awards will be given for the fastest, best-looking, and most original car. Kits will be provided and can be picked up at the Recreation office beginning September 30. An adult will be required to carve the cars from a wooden block provided in the kit.



## 3D ARCHERY LEAGUE

**Location:** Archery Central Indoor Range, 6611 Cleveland Blvd.

**Limited to 10 people per class, so sign up quickly to reserve your spot!**

**Ages:** 7 – 17 years

· The 1st week will be an intro into archery class that will help shooters know the range rules, safety, and good archery form. Following weeks will be a full 3D set up where students take two shots per target. This is a fun league where we score, but no awards.

· A parent or the shooter will be responsible for adding up and writing down their scores on the running score sheet. This will help students strive to improve and see those improvements.

· Please be aware, masks are not required but if your child is feeling unwell (runny nose, sneezing etc.) we ask that they stay home.

· The shop closes at 6pm and will be gearing up for the adult league that follows. We will not have extra play time when the league is over; thank you for your understanding!

### YOUTH 3D CLASS

**Dates:** Tuesdays, Oct 1 – Nov 5

**Time:** 5:00 – 6:00 PM

**Fee:** \$60 for 6 weeks

### YOUTH HOMESCHOOL 3D LEAGUE

**Dates:** Thursdays, Oct 3 – Nov 7

**Time:** 11:00 – 12:00 AM

**Fee:** \$60 for 6 weeks

### YOUTH VEGAS TARGET ARCHERY LEAGUE

**Dates:** Thursdays, Oct 3 – Nov 7

**Time:** 5:00 – 6:00 PM

**Fee:** \$48 for 6 weeks





# Youth Activities

## SHORIN RYU KARATEDO

**Location:** Roberts Rec Center Gym, 504 Grant St.

**\*Fees will increase to \$60 per month on October 1, 2024**

Students participate in activities such as skill building games, focus drills, & basic karate self-defense techniques. Instructors are helpful, friendly, and strict when necessary. Students are rewarded with colored stripes on their belts for outstanding discipline and excellent technique. The following are some things students will gain from training in Karate, whether they know it or not....

- Improved discipline and self-control
- Development of motor skills
- Sharpening of reflexes
- Greater focus and concentration
- Greater self-confidence
- Stranger awareness skills
- Goal setting and achievement
- Understanding of the importance of etiquette and hierarchy
- Spirit of friendly competition without malice
- Understanding feelings of aggression and how to subdue them

**Mondays & Wednesdays**

**Instructor:** Kevin Wagner

**Ages/Times:** 5 – 12 years 6:00 – 7:00 PM

**Ages/Times:** 5 – 12 years 7:00 – 8:00 PM

**Ages/Times:** 9+ years 8:00 – 9:00 PM

**Fee:** \$55 per month\*

**Peewee 4 - 6 Years**

**Instructor:** Ed Russell

**Dates:** Tuesdays and Thursdays

**Times:** 4:00 – 5:00 PM

**Fee:** \$55 per month\*

Students learn discipline, focus, self-control and stranger awareness skills, all while having a great time. Our instructors are helpful, friendly, and strict when necessary. We work hard with every child to develop an "I CAN" attitude, and build skills that will last a lifetime.

**Youth 6 - 9 Years**

**Instructor:** Ed Russell

**Dates:** Tuesdays and Thursdays

**Times:** 5:00 – 6:00 PM

**Fee:** \$55 per month\*

Students learn at their own pace, with a strong emphasis on personal achievement, courtesy, respect and goal setting. Traditional Shorin Ryu karate katas, self-defense techniques, sparring fundamentals, and skill building games that encourage and motivate.

**Youth 8 - 12 Years**

**Instructor:** Ed Russell

**Dates:** Tuesdays and Thursdays

**Times:** 6:00 – 7:00 PM

**Fee:** \$55 per month\*

Our traditional Karate program teaches discipline, respect, and team work in a fun but challenging environment. We focus on self-defense to keep attackers at a distance. Stripe-by-stripe, belt-by-belt, it's in these classes that students cultivate the skill and the will to become a black belt.

**Teens 11-16 Years**

**Instructor:** Ed Russell

**Dates:** Tuesdays and Thursdays

**Times:** 7:00 – 8:00 PM

**Fee:** \$55 per month\*

This program is geared towards helping teens de-stress, develop life skills such as confidence and self-control and work towards making the best judgements they can during an influential stage of their lives. Classes are fun but challenging, focusing on physical fitness and practical self-defense skills, as well as balance and coordination. We strive for a positive learning environment, encouraging acceptance, respect and friendship AMongst students.

## HOME SCHOOL KARATE

**Instructor:** Ed Russell

**Ages 4 and Up**

**Dates:** Mondays and Wednesdays, 9:00 – 10:00 AM or 10:00 – 11:00 AM

**Tuesdays and Thursdays, 9:00 – 10:00 AM or 10:00 – 11:00 AM**

**Fee:** \$55 per month\*

**\*Fee will increase to \$60 per month on October 1, 2024**

Boost learning with semi-private karate lessons that offer individually custom-tailored instruction. Semi-private karate lessons are taught convenient times to all. Reach your dream of earning your rank faster and acquire an understanding of katas and kubodo. Your children's education will be supplemented with traditional karate training, physical activity, and practical self-defense skills. Taught by expert instructors who will make sure every student gets the attention and instruction they need. Best of all, students not only get exercise and learn karate, but they also learn essential life skills such as discipline, concentration, and self-confidence.

## SEMI-PRIVATE KARATE CLASS

**Available to current students only!**

**Days:** Fridays & Saturdays

**Times:** 9:00, 9:30, 10:00 or 10:30 AM

**30-minute class/once per week**

**Fee:** \$30 per month\*

**\*Fee will increase to \$35 per month on October 1, 2024**

**Maximum of 5 students per class**

Call Rec office, 208.455.3060, to schedule. Private karate classes are a great complement for students attending regular classes. The small group focused training helps the student improve their skills whether preparing for a tournament, a belt test or just reaching your fitness goal.



Photo credit: Birdy Photography

# Youth Activities



## K & 1ST GRADE LEAGUE 2ND – 4TH GRADE LEAGUE

Registration Deadline: August 25

Practice Begins: September 9

First Game: September 21

Fee: \$55

The City of Caldwell is proudly collaborating with NFL Flag Football to offer an exhilarating five game season of flag football. Every participant receives an NFL team jersey and flag belt, ensuring they look and play the part. Join us for a memorable season where youth sports meet the excitement of NFL Flag Football in Caldwell! This league is open to all skill levels and will focus on learning the fundamentals of football.



## CALDWELL EXCHANGE FOOTBALL LEAGUE

Grades: 3rd - 6th

In-person registrations will be held August 27 & 28 from 6:00 – 7:30 PM at the Caldwell Exchange Club concession stand located at the Caldwell Rodeo Grounds (Simplot Stadium). Games and practices are held week nights and some Saturdays. To register online or for more information, visit [www.exchangefootball.com](http://www.exchangefootball.com). Participation fee: \$125. Players will be provided shoulder pads, helmets, jerseys, mouth guards and an insurance policy. Players are required to provide their own shoes and pants.

## YOUTH SPORTS SCHEDULES 2024-2025

SPORT	GRADES	DATES	REGISTRATION DEADLINE	FEE
NFL FLAG FOOTBALL LEAGUE	K - 1 <sup>ST</sup>	SEP 9 - OCT 19	AUG. 25	\$55
NFL FLAG FOOTBALL LEAGUE	2 <sup>ND</sup> - 4 <sup>TH</sup>	SEP 9 - OCT 19	AUG. 25	\$55
JR. YOTES BASKETBALL LEAGUE	3 <sup>RD</sup> - 4 <sup>TH</sup>	OCT 28 – DEC 14	OCT 13	\$60
JR. YOTES BASKETBALL LEAGUE	5 <sup>TH</sup> - 6 <sup>TH</sup>	JAN 6 - FEB 22	DEC 22	\$65
BASKETBALL CLINIC	K-2 <sup>ND</sup>	JAN 11 - FEB 1	JAN 10	\$45
JR. YOTES BASKETBALL LEAGUE	1 <sup>ST</sup> - 2 <sup>ND</sup>	FEB 24 - APR 12	FEB. 9	\$60
VOLLEYBALL LEAGUE	4 <sup>TH</sup> - 5 <sup>TH</sup>	FEB 24 – APR 12	FEB. 9	\$55
VOLLEYBALL LEAGUE	6 <sup>TH</sup> - 7 <sup>TH</sup>	FEB 24 - APR 12	FEB. 9	\$60





# Youth Activities

## JUNIOR YOTES BASKETBALL LEAGUES

Introducing the exciting new Caldwell Recreation and College of Idaho Jr. Yotes Basketball Leagues! Join us for a dynamic season packed with 5 thrilling games and 2 dedicated practices per week, designed to hone skills and foster teamwork. Open to all skill levels, this league promises a blend of competitive play and developmental coaching in a supportive community environment. Boys and girls will play in separate leagues and all participants will receive a Jr. Yotes basketball jersey to keep.

### 3RD & 4TH GRADE JR. YOTES BASKETBALL LEAGUE

**Registration Deadline: October 13**

**Practices Begin: Week of October 28**

**Game Dates: Saturdays, Nov 9 – Dec 14**

**No Practice or Games the week of Thanksgiving**

**Game Times: Beginning at 9:00 AM**

**Fee: \$60**

### 5TH & 6TH GRADE JR. YOTES BASKETBALL LEAGUE

**Enrollment Opens October 1**

**Registration Deadline: December 22**

**Practices Begin: Week of January 6**

**Game Dates: Saturdays, Jan 18 – Feb 22**

**Game Times: Beginning at 9:00 AM**

**Fee: \$65**

This league will also have an end of the year tournament on February 22nd for teams that qualify.



## KINDERGARTEN – 2ND GRADE BASKETBALL CLINIC

**Enrollment Opens October 1**

**Registration Deadline: January 10**

**Location: Sacajawea Elementary**

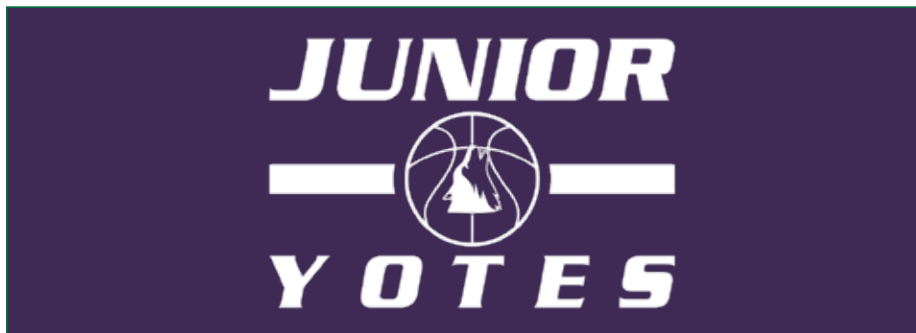
**Dates: Saturdays, Jan 11 – Feb 1**

**Times: Kindergarten: 9:00 – 10:00 AM**

**1st & 2nd Grade: 10:15 – 11:15 AM**

**Fee: \$45.00**

Our 4-week clinic is a great introduction to basketball. Students will learn basketball fundamentals and gain confidence. Each participant will receive a basketball to keep. 1st & 2nd Grade Basketball League will be offered at the end of February.



## IDAHO INFERNO SOCCER CLUB

Inferno recreational soccer includes players from 4 years of age and older. All teams are gender specific; all girls or all boys. The U6-U10 teams play their games locally at Brothers Park, across from the YMCA, on Saturday mornings. U11-U14 recreation teams play some of their games at Brothers Park, and other games are traveled to. Games are played in April and May.

### INFERNO REGISTRATION:

Sign up to play recreational soccer starting Nov. 1st at <https://idahoinfernosoc.org/recreational/> Register early to guarantee your spot on a team. The registration deadline will be in February. A copy of your child's birth certificate must be submitted in order to register. Players must be born in the years 2011-2020 to be eligible to play in the spring. Don't forget to volunteer to be a coach.

### INFERNO COMPETITIVE:

U8-U19 INFERNO competitive teams are registered in a local competitive league. Half of the games are played at home; Brothers Park. These games are mostly played on Saturdays with some weekday games, and games start in March. You MUST try-out for an Inferno team in order to make the roster. Tryouts are held each year in June. A full year commitment is required. Check our website for details. Online registration for tryouts will be OPEN in April.



# Adult Programs & Sports



**IDAHO SILVERBELT INVITATIONAL**

**C-TOWN BOXING**

Modern Woodmen FRATERNAL FINANCIAL  
Doors Open @ 5

First Bout @ 6

weigh ins 8am to 10 am @ O'Connors \$5 scale fee

SEPTEMBER 28, 2024

O'CONNOR FIELD HOUSE  
2207 Blaine St. Caldwell, ID

scan QR code to register for fights



## C TOWN BOXING

**Coaches:** Edward Pizano and Mario Hernandez

**Gym is open Monday - Thursday**

**Time:** 6:00 - 8:00 PM

**Fees:** \$46 per month; \$36 per month for each additional family member

**Location:** Roberts Recreation Center, 504 Grant St.

Our coaches are registered with USA Boxing. This program is open to both males and females 8 to 39 years. No prior boxing experience is required. Boxing is not only a great cardio fitness workout and form of self-defense, but also instills discipline, self-esteem, and confidence in participants. Serious boxers can become USA Boxing certified and compete at national and Olympic levels. Come dressed in gym clothes and tennis shoes; all equipment to get you started will be provided.



The Caldwell Optimist Club is a non-profit service organization that was chartered in March of 1979. We serve the City of Caldwell and the surrounding area. Our purpose is to develop optimism as a philosophy of life, utilizing the tenets of the Optimist Creed; to promote an active interest in good government and civic affairs; to inspire respect for the law; to promote patriotism and work for international accord and friendship among all people; to aid and encourage the

development of youth in the belief that the giving of one's self in service to others will advance the well-being of humankind, community life and the world. Our youth projects include the Claire Ruehl Memorial Scholarship, Silver Belt Boxing Competition, Optimist Junior Golf Tournament, Hugh O'Brian Youth Leadership, and youth summer reading programs at our Caldwell Public Library. Come join us as we make a difference in our community by serving our youth. See our website for a meeting schedule and more information on our projects and how you can get involved: [www.caldwelloptimist.org](http://www.caldwelloptimist.org).

**IDAHO BMX**

RACES TUESDAY & FRIDAY NIGHTS

6:00-7:00 PM PRACTICE & REGISTRATION, RACES TO FOLLOW  
CALDWELL BMX TRACK | 4700 SKYWAY ST | CALDWELL, ID

Idaho BMX, run by volunteers, is dedicated to providing all riders in Idaho with the opportunity to participate in BMX racing and events, promoting physical fitness, teamwork, and sportsmanship among youth in our community.

BMX racing is not only a thrilling sport but also a platform for personal growth and development for young athletes. Through our USA BMX sanctioned program, participants learn valuable life skills such as discipline, perseverance, and goal-setting, all while enjoying the camaraderie and excitement of competitive racing.

Come by any race and check it out. We have trial memberships available and your first race is free!



# Adult Programs & Sports

## DOG OBEDIENCE

**Instructor:** Damon Moysard  
**Mon-Fri, Sept 23-27, 2024**  
**Time:** 6:30 - 7:30 PM  
**Fee:** \$50

This is a basic dog obedience course open to any student 14 yrs and older and any dog at least 6 months old. The instructor will help you teach your dog to walk on a slack leash (to not pull), to sit, down, and stay. Learn to train with praise, not treats. We will address behavior issues, feeding, exercising and disciplining your dog and the proper use of training collars. Required equipment: A good quality nylon or leather leash, not less than 4ft long (longer is acceptable) and a properly fitted (choke) chain, steel prong (pinch) or Starmark pro training style collar. No flat collars, "halti" style head harness, no "martingale" style collars, no body style harnesses and no retractable leashes/ leads. If your dog is aggressive, you must provide a muzzle. This training takes place in the City of Caldwell, thus all dogs must have all vaccines required by Canyon County.



## PICKLEBALL LESSONS

**Instructor:** 2C Pickleball Club  
**Location:** Luby Park Pickleball Courts  
**Session 3:** August 20-22  
**Session 4:** September 17-19  
**Times:** 9:00 - 10:30 AM  
**Ages:** 17+ years  
**Fee:** \$35 per session

Pickleball is the fastest growing sport in America. A little like tennis, but on a smaller court, it uses composite paddles and a ball similar to a whiffle ball. It's easy to learn and great fun to play for youth, adults, and seniors. Learn now and enjoy a lifetime of fun.

## ADULT TENNIS

**Instructor:** Lee Haskill  
**Location:** Memorial Park Tennis Courts  
**Ages:** 18 and over  
**Fee:** \$65

### Beginner

**Dates:** Tuesday/Thursday, Sept 10, 12, 17 & 19  
**Time:** 5:30 - 6:30 PM

Beginning Tennis teaches the basic concepts and strokes of the game quickly and easily in a fun, active, and encouraging group environment. Classes take place on multiple courts. Columbia Head Coach Lee Haskill leads instruction with help from other collegiate-level players. Beginning Tennis is designed for those with little or no experience. Please bring your own racket; if you do not have one, a limited number of racquets will be available.

### Intermediate

**Dates:** Tuesday/Thursday, Sept 10, 12, 17 & 19  
**Time:** 6:30 - 7:30 PM

Intermediate Tennis teaches more advanced concepts, strokes, and footwork in a fun, active, and encouraging group environment. Teaching will focus more on gameplay. Classes take place on multiple courts. Columbia Head Coach Lee Haskill leads instruction with help from other collegiate-level players. Intermediate Tennis is designed for those ready to play league matches and low-level tournaments. Please bring your own racket.



Photo credit: Vecteezy

## PEDESTRIAN/BIKE SAFE-DRIVING TIPS

- SCAN BETWEEN PARKED CARS AND OTHER OBJECTS FOR INDICATIONS THAT CHILDREN ARE AT PLAY IN THE AREA
- LOOK FOR CLUES SUCH AS BALLS AND BIKE RAMPS THAT INDICATE CHILDREN COULD BE IN THE AREA
- EXPECT THE UNEXPECTED IF THERE'S A CHANCE CHILDREN COULD DART INTO THE ROAD
- MAKE EYE CONTACT WITH CHILDREN ABOUT TO CROSS THE STREET AND WATCH FOR THEIR NEXT STEP
- LOOK FOR CYCLISTS AND PEDESTRIANS AT INTERSECTIONS, NOT JUST OTHER VEHICLES



Always Buckle Up

# Adult Programs & Sports



## SHORIN RYU KARATE-DO

Instructor: Ed Russell

Location: Roberts Rec Center Gym, 504 Grant St.

Adults 16+ Years

### Martial Arts Life Experience

Days: Tuesdays and Thursdays

Times: 8:00 – 9:00 PM

\*Fee: \$55 per month

*\*Fees will increase to \$60 per month on October 1, 2024*

Students will be taught how to strike with power, move with balance and coordination. Each class consists of a brief warm-up stretch followed by striking drills (kicking and punching bags/pads), sparring drills, and forms (kata) practice. Forms (kata) serve as our link to traditional training methods and is a proven method for developing powerful stances and understanding of body mechanics. We supplement karate with grappling for defense at close range.

### Semi-Private Karate Class

Available to current students only!

Days: Fridays & Saturdays

Times: 9:00, 9:30, 10:00 or 10:30 AM

30-minute class/once per week

Fee: \$30 per month\*

*\*Fee will increase to \$35 per month on October 1, 2024*

Maximum of 5 students per class

Call Rec office, 208.455.3060, to schedule. Private karate classes are a great complement for students attending regular classes. The small group focused training helps the student improve their skills whether preparing for a tournament, a belt test or just reaching your fitness goal.



## 3<sup>rd</sup> Annual Mayor's Charity Golf Scramble Benefiting the Caldwell Family YMCA



Friday, September 6th  
Purple Sage Golf Course  
5192 Purple Sage Road, Caldwell  
Check-In: 8:00 AM  
Shotgun Start: 9:00 AM

## Fire Prevention Week October 6-12, 2024 Smoke Alarms: Make Them Work For You!



### Install

Install smoke alarms in every bedroom, outside each separate sleeping area (like a hallway), and on each level (including the basement) of the home.



### Test

Test smoke alarms at least once a month by pushing the test button.



### Replace

Replace all smoke alarms when they are 10 years old or stop responding when tested.



# Adult Programs & Sports

## MEN'S FLAG FOOTBALL

**Registration Deadline: September 8**  
**Games Begin: Week of September 16**  
**Fee: \$345 per team**

Do you think your team has what it takes to be the champion of the Gridiron? If so, sign up today for our flag football league! There will be 8 regular season games and a season ending single elimination tournament. Games will be held on Monday-Thursday evenings at a local park. Participants must be at least 18 years of age or at least 16 years old with a signed parental consent form and they may not be participating in a school league at the time.

## NEW LEAGUE - WOMEN'S BASKETBALL

**Registration Deadline: January 5**  
**Season Begins: Week of January 13**  
**Fee: \$450.00 + \$55 team players fee**

This will be a recreational league, which makes it the perfect option for anybody who is looking to play! The season will consist of 8 regular season games and a double elimination tournament. T-shirts will be given to the first place team. Games will be held Monday - Thursday evenings at a local school. This league must have at least six teams registered at the registration deadline or the season will be cancelled.

## MEN'S BASKETBALL LEAGUE

**Registration Deadline: January 5**  
**Season Begins: Week of January 13**  
**Fee: \$450.00 + \$55 team players fee**

This will be a recreational league, which makes it the perfect option for anybody who is looking to play! The season will consist of 8 regular season games and a double elimination tournament. T-shirts will be given to the first place team. Games will be held Monday - Thursday evenings at a local school. This league must have at least six teams registered at the registration deadline or the season will be cancelled.

## ADULT COED VOLLEYBALL LEAGUE - NEW!

**Registration Deadline: January 5**  
**Season Begins: Week of January 13**  
**Fee: \$175 per team**

Our league offers both a recreational and a competitive division, which makes it the perfect option for anybody who is looking to play! The season will consist of 8 regular season games and a single elimination tournament. Awards will be given to the first place team in both divisions! Games will be held Monday - Thursday evenings at a local school. This league must have at least six teams registered at the registration deadline or the season will be cancelled.



**Caldwell Recreation**  
**is Hiring!**

**Seasonal**  
**Youth Basketball**  
**Referees**

- Must be at least 16 Years Old
- Games are held on Saturdays  
November 9th - April 12
- Starting Pay: \$15.00/Hr

Please Email :  
[caldwellrec@cityofcaldwell.org](mailto:caldwellrec@cityofcaldwell.org)

# Caldwell Parks Information



## MEMORIAL PARK (15 ACRES)

**Kimball and Grant St.**

- Roberts Recreation Center
- Softball field
- Two youth baseball fields
- Tennis courts
- Playground
- Pioneer Museum
- Picnic shelter
- Skate park
- Basketball courts

## LUBY PARK (12 ACRES)

**Illinois and Marble Front Road**

- Rose Garden
- Picnic shelter
- Playground
- Volleyball and basketball courts
- Baseball field
- NEW Pickleball Courts

## MALLARD PARK (30 ACRES)

**10th and Orchard near Lake Lowell**

- Playground
- Walking paths
- Six picnic shelters
- Amphitheatre
- Basketball court
- 18 hole disc golf course

## DENSHO GARDENS

**4th Ave & Arthur St.**

Tranquil ornamental Japanese gardens along Indian Creek

## LIONS PARK (5 ACRES)

**5th Ave. and Frontage St.**

- Playground
- Basketball courts
- New amenities coming soon!

## BROTHERS PARK (35 ACRES)

**Indiana and Ustick Rd.**

- Soccer fields
- Playground
- Walking path

## GRIFFITHS PARK (35 ACRES)

**Griffiths Parkway off of Linden St.**

- Three adult softball fields
- Collegiate baseball field
- Walking paths

## PIPE DREAM PARK (54 ACRES)

**Smeed Parkway near Highway 20/26**

- 4-plex softball field
- BMX track
- State of the art skate park
- Playground
- Picnic shelter

## CURTIS PARK (15 ACRES)

**Channel Rd. off River Road**

- Wilderness park by the Boise River
- Overnight camping

## SEBREE PARK (5 ACRES)

**12th Ave. and Grant St.**

- Playground
- Baseball fields
- Volleyball court
- Basketball court
- Walking path

## USTICK PARK (16 ACRES)

**Ustick Rd. and Oregon St.**

- 4-plex youth baseball fields
- Babe Ruth baseball field
- Playground
- Picnic shelter

## WHITTENBERGER PARK (17 ACRES)

**Chicago St. and Centennial Way**

- Greenbelt walking path along Boise River
- Picnic shelter
- Dog park

## ROTARY POND (40 ACRES)

**On Chicago, near Whittenberger Park**

- Fishing docks
- Walking path to the Greenbelt
- Archery Range





# Facility Rental Information

## PARK RESERVATION POLICY

The following shelter reservations can be made online at [www.cityofcaldwell.org/recreation](http://www.cityofcaldwell.org/recreation), at the Caldwell Parks & Recreation office at 710 Irving St., or by calling 208-455.3060. Reservations can be made up to one year in advance.

## MEMORIAL PARK BANDSHELL RENTAL

The Bandshell in Memorial Park is a covered shelter used for reunions, special events, birthdays, and wedding receptions. It is available for rent 12 months prior to your event. The rates are: 5 hours or less: \$75, over 5 hours or all day: \$125. This fee includes several electrical outlets and ten picnic tables which are permanently located in the shelter. Water is available on site.

## MALLARD PARK RENTAL

This park, located at the corner of 10th Avenue and Orchard near Lake Lowell, consists of 6 shelters and an amphitheatre available for rent. Other amenities include a handicap accessible playground, basketball court, walking paths, and disc golf course. Rates: large shelters (two): 5 hours or less \$60; over 5 hours or all day \$100. Small shelters (four): 5 hours or less \$50; over 5 hours or all day \$75.

## ROSE GARDEN RENTAL

This is a perfect setting for weddings. Roses are in bloom from June until the first frost in the fall. The Rose Garden is available for rental from April through September. The cost is \$50 for 2 hours or \$90 for 4 hours. This fee covers the garden only, chair rental is not included. Electricity is available.

## LUBY PARK GAZEBO RENTAL

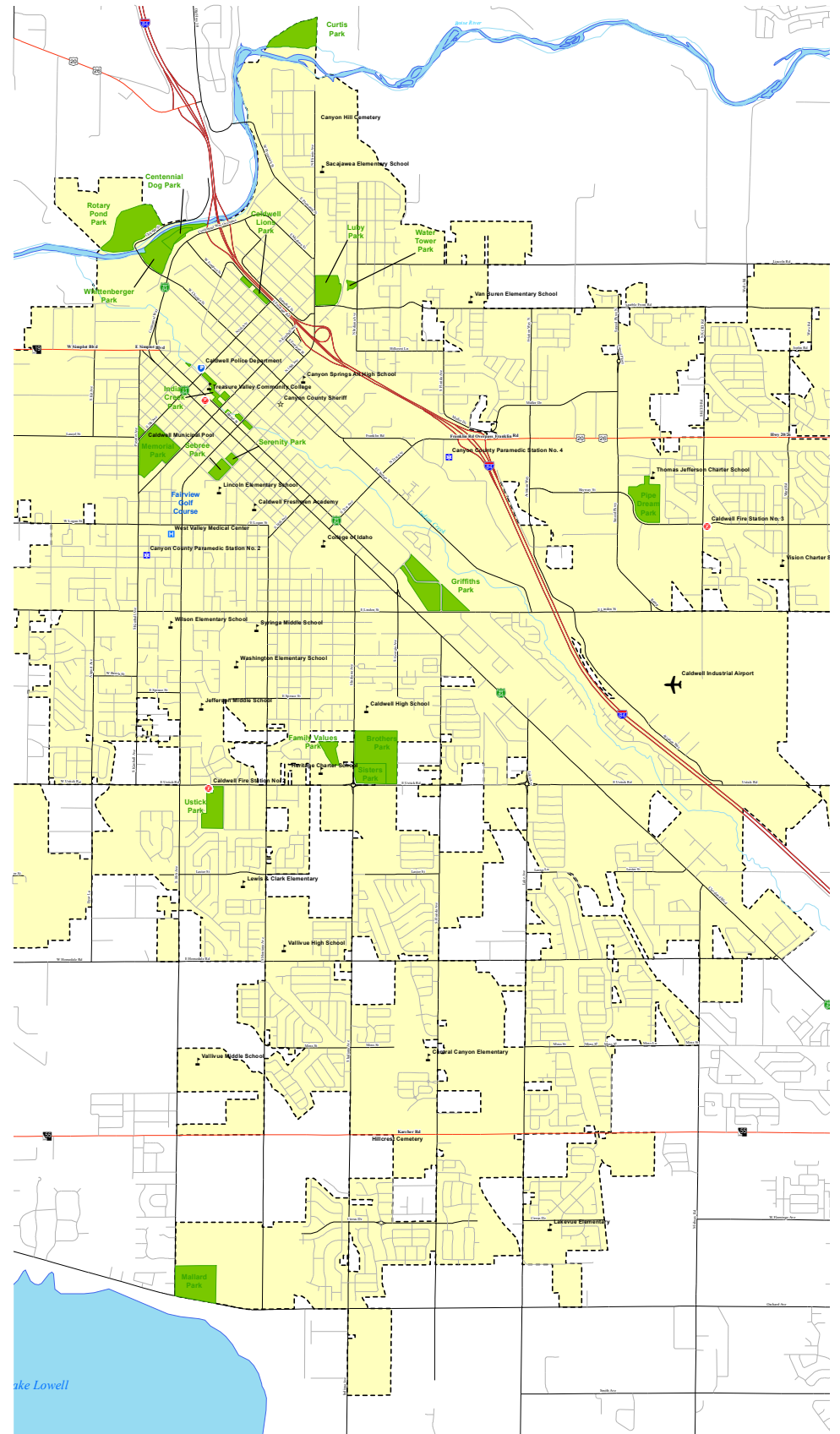
This gazebo style shelter in Luby Park is open for reservations. This covered shelter is available for wedding receptions, birthday parties, and family events. The rates are: 5 hours or less: \$50; over 5 hours or all day: \$75. This fee includes electrical outlets and four picnic tables located on the shelter.

## PIPE DREAM PARK GAZEBO RENTAL

This new gazebo style shelter in Pipe Dream Park is open for reservations. This covered shelter is available for birthday parties and family events. The rates are: 5 hours or less: \$50; over 5 hours or all day: \$75. This fee includes electrical outlets and three picnic tables located on the shelter.

## CURTIS PARK

This gated park is located off Channel Rd. along the Boise River. This wilderness park supports wildlife, footpaths, and a natural spring. Great for weekend outings. There is a \$50 fee/per day to reserve the park. In addition, a \$20 key deposit is required. The \$20 deposit is refunded to the customer when the key is returned.



Caldwell Parks & Recreation

# KICK IT FOR THE KIDS!

**\$45 PER TEAM**

**KICKBALL TOURNAMENT & SECRET PAL FUNDRAISER**  
SATURDAY, OCTOBER 5 / 10:00AM AT MEMORIAL PARK

#### ▶ WHAT IS SECRET PAL?

- A financial assistance program for youth activities
- 100% funded by community donations
- Assisted 50+ kids in 2023
- All proceeds benefit Caldwell kids

#### ▶ HOW CAN I HELP?

- Register your team of 9 - 11 players (all ages)
- Make a donation to the Secret Pal fund
- SPREAD THE WORD!



[caldwellrec@cityofcaldwell.org](mailto:caldwellrec@cityofcaldwell.org)  
(208) 455-3060



Caldwell Parks & Recreation

# SECRET PAL PROGRAM

*Financial Assistance for Youth Activities*

Funded entirely by public donations, this program reduces the cost of enrollment in recreational programs for children who live within the City of Caldwell's service area.

Applications are available at the Caldwell Parks & Recreation office and online at [www.cityofcaldwell.org](http://www.cityofcaldwell.org) (Depts. > Recreation > Financial Assistance)



To make a donation to this program, please contact Denise at 208.455.3060.



## REGISTER ONLINE!

ENJOY THE SUN AND STAY ACTIVE THIS SUMMER

Hectic schedule? Kids have to be at flag football practice, a basketball game, or karate class? Let us help make your life easier by using our online registration system to enroll for classes. Don't miss a registration deadline! Go to [www.cityofcaldwell.org/recreation](http://www.cityofcaldwell.org/recreation). Register online for your favorite programs, pay with a credit card, and receive a receipt by email.

#### UPCOMING FALL CLASSES & PROGRAMS:

- PRESCHOOL & PREKINDERGARTEN
- YOUTH & ADULT BASKETBALL
- C-TOWN BOXING
- DYNAMIC CHEER
- GYMNASTICS
- YOUTH & ADULT KARATE
- LEGO
- YOUTH & ADULT FLAG FOOTBALL
- DOG OBEDIENCE
- ADULT PICKLEBALL



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